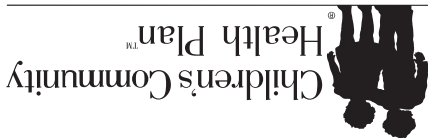


Children's Community Health Plan
MS 6280
PO Box 1997
Milwaukee, WI 53201-1997

A member of Children's Hospital and Health System.



Children's Community
Health Plan™

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My diabetes care record

My diabetes care record

Use this card to record your targets and the date, time and results of your tests. Take this card with you on your health care visits. Show it to your health care providers to remind them of the tests you need.

A1C – at least twice each year						My target
Usual goal: less than 7						
Date:						
Result:						
Blood Pressure (BP) – each visit						My target
Usual goal: Less than 130/80						
Date:						
Result:						
Cholesterol (LDL) – at least once each year						My target
Usual goal: Less than 100						
Date:						
Result:						
Weight – each visit						My target
My goal: _____						
Date:						
Result:						

Diabetes care	Date	Result
Each visit:		
Foot check		
Review self-care plan		
Weight check		
Once each year:		
Dental exam by a dentist		
Dilated eye exam		
Complete foot exam		
Flu shot		
Urine check		
At least once:		
Pneumonia shot		